

"Although some claims may be out of your control, being aware of common causes of insurance claims can help you prepare when faced with loss."

#### **HOME**

## **Top Homeowners Insurance Claims**

As a homeowner, you do everything you can to protect yourself from loss. Although some claims may be out of your control, being aware of common causes of insurance claims can help you prepare when faced with loss. The top homeowners insurance claims include:

- Wind and hail damage—Damages from wind and hail are the most common homeowners insurance claims. Severe winds and hail can strip the siding off of your home, damage your roof and even break windows.
- Fire and lightning damage—A recent study by the Insurance Information Institute found that fire and lightning claims are the most expensive, costing an average of \$68,322 per claim. Faulty wiring, heating equipment and fireplaces are all common causes of household fires.
- Water damage—Frozen pipes, sewage backups and various plumbing issues can lead to severe water damage. Remember, damages caused by flooding are typically not covered under a standard homeowners insurance policy.
- Personal liability—Personal liability claims are made when a person or their property is damaged while visiting your home. In most cases, you are held responsible for paying any medical bills or repair costs for the damaged property.
- Theft—Although theft is less common than other claims on this list, it can still contribute to severe loss. To protect your home from theft, consider installing a home security system.

Contact your broker today for more information on what perils are covered under your homeowners insurance policy.

Associates of Glens Falls Inc. Glens Falls, 12801 www.aogf.com



#### **AUTO**

## **Distracted Driving Boosting Insurance Rates**

Recent studies have shown that receiving a distracted driving violation can increase your auto insurance premiums by an average of 19.7%. Insurance penalty amounts can vary by state, with some states issuing penalties that may raise your annual insurance rates by 56%.

With car insurance premiums already at an all-time high, it's important to eliminate the following driving distractions to avoid a penalty:

- Texting, talking or playing on your phone
- Tinkering with the stereo or navigation systems
- Eating food or drinking beverages
- Interacting with the passengers in your vehicle

Whether it's using software to track a driver's smart phone usage while on the road, or by continuing to boost driver penalty amounts—insurers are working to penalize those contributing to this dangerous epidemic. Be sure to minimize distractions in order to avoid costly premium increases.

#### **WELLNESS**

## **Eating Healthy on a Budget**

There is a common misconception that eating healthy is too costly. With preparation, discipline and a little bit of creativity, choosing healthier food options can actually save you money. Check out the following tips for eating healthy on a strict budget:

- Create a budget for groceries. Food can get expensive fast—figure out how much money you are willing to spend on groceries every week, or month.
- Plan out your meals for the week. Knowing what's for dinner every night can keep you out of the drive-thru lines and on a consistent schedule.
- Make a grocery list. This helps you stay within your budget and avoid purchasing unnecessary products.
- Look for coupons and sale items. Before going to the store, look for any sales or valuable coupons that could save you money.
- Eat a light snack before grocery shopping. When you shop on an empty stomach, you are more likely to purchase excess food that can run up your grocery bill.
- Use cash when buying groceries. Paying your grocery budget in cash can help you be more conscious of what you're spending.
- Purchase fresh foods when possible. Fresh ingredients are often cheaper, more filling and have greater health benefits than processed or canned foods.
- Learn to love your leftovers. When cooking dinner, always try to make extra servings that you can eat throughout the week. Eating leftovers can help stretch your food budget.

#### In the Know

# 7 Tips to Minimize the Risk of Auto Theft

According to the Insurance Information Institute, a motor vehicle is stolen in the United States every 45 seconds. To minimize your risk of an auto theft, consider the following action items:

- Never drive alone in unfamiliar or high-crime areas.
- Be vigilant if involved in a minor collision—the accident may be a ruse to get you out of your vehicle.
- 3. Avoid sitting in your car with doors unlocked or with the windows down.
- 4. Hide or remove any valuable items from your vehicle.
- 5. Park your vehicle in a visible, secure and/or high-traffic area.
- 6. Lock car doors, roll up windows and remove keys from your vehicle when left unattended.
- 7. Install a security system or utilize pre-existing anti-theft devices in your vehicle.

